



TTPT Treatment Agreement Policy

Welcome to Triangle Trigger-Point Therapy! Established in Raleigh, NC, on August 1, 1989, we are a referral-built clinic committed to providing the highest quality care possible in neuromuscular trigger-point therapy, myofascial release, neuromuscular stretching, pre/peri-natal massage and fitness education. Please read the following information and let us know if you have any questions.

About us:

Each staff member is licensed, certified or otherwise qualified to work with you in the capacity required by NC state laws. Our collective backgrounds include exercise physiology, personal training, massage therapy, cardiac rehabilitation, sports science, nutrition, and fitness education. We are always current with continuing education requirements considering ourselves to be perpetual students as well as educators.

With over 20 years of experience working with both acute and chronic pain patients, we have seen nearly every type of injury and soft tissue pain pattern that exists. And when pain is primarily caused by nerve entrapments due to soft tissue hyper-contractions we see dramatic improvements in only 6-10 sixty minute sessions. So if after the first 4-5 hours of treatment you are not experiencing noticeable improvement, please let us know.

We work with infants, children, adults, amateur and professional athletes, and everyone in between. We have a strong work ethic and excellent professional relationships with many of the areas most highly regarded health care providers. Above all else we believe in a team approach when it comes to assisting you and we are quick to make a referral for additional support if we think you need it.

Scheduling, fees and insurance:

Hands-on therapies are not appropriate at all times for all people and it is important that we determine you are in the right place before beginning treatment. Therefore, we require that you fill out the Confidential Case History and Treatment Agreement Policy in advance. Once scheduled, please understand that making an appointment with us is a reservation of our time in a private room and we **bill in full** for any missed appointments. If you need to cancel an appointment, we require 1 full business day notice and charge a **\$50.00 late cancellation fee** for all changes with less than ample time to refill the slot. Reminder calls for all scheduled appointments are made 1-2 days in advance _____initial

There is never a guarantee that insurance will cover your treatments, which means that we cannot file for you or wait for payment. Instead we focus entirely on the delivery of excellent services. Payment in full is due at the time service is rendered and fees may range from \$75-\$285.00 depending on the time spent with you. We accept Visa/MC, flex spending cards and give a \$5.00 discount for cash and checks. We will provide a receipt for insurance or taxes if requested. Letters, treatment reports, etc., to assist with insurance or attorney are done for an additional \$25.00 fee _____initial

We will do our very best to help you out of pain and we ask for your best efforts doing what we ask of you in return. Please give what we suggest a try – knowing that results speak for themselves. We are proud of a long track record of helping many thousands of people return to health and pain free living, even when all hope seemed lost. We thank you for the opportunity and privilege of working with you.

Respectfully, Terrie Bellairs and staff

I have read the above and consent to treatment under these terms _____ Date _____